

TRAINEESHIP PROGRAMME 2025







Traineeship Programme

What do Gilson Gray do?

Gilson Gray is a multi award winning, leading firm, and one of the fastest growing examples in sector history with a UK wide footprint.

As a Group, we offering full-service legal, property, and financial services. Our commitment lies in supporting our clients at every life stage, ensuring their goals are achieved. Whether it's corporate law, conveyancing, litigation, or family law, our specialised teams stand by our clients, guiding them every step of the way.

Traineeships in Scotland

At Gilson Gray, we have offices all across the UK. Our Traineeship programme is only available in Scotland.

Why choose a Traineeship at Gilson Gray?

At Gilson Gray, we offer more than a trainee programme – we offer a pathway to your future in law. Our welcoming environment nurtures growth, and our trainees are essential to our business. Learning from the best is not just a phrase here; it's a reality. Our professionals, recommended in Legal 500/Chambers, mentor and inspire our trainees, ensuring they receive unparalleled guidance.

We value our staff, the backbone of our success, and prioritise a healthy work-life balance. Our workplace isn't just an office; it's a dynamic, fun, and attractive space. When you join us, you become part of a vibrant team. From day one, you'll connect with colleagues, engage in social activities, and be part of a supportive community.

What can a Traineeship at Gilson Gray do for You?

A traineeship in Scotland at Gilson Gray is more than a job; it's a journey. You'll gain practical, hands-on experience in diverse legal areas, honing your skills and knowledge. Working closely with experienced professionals, you'll contribute meaningfully to cases and transactions, growing your legal knowledge.

Training & Structure

Our training program is meticulous. You'll undergo comprehensive modules, receive mentorship from experienced lawyers, and have opportunities for up to 4 seat rotations, ensuring exposure to various departments. This structure guarantees a holistic understanding of legal practice.

What we're looking for in you?

Entry Requirements: 2:1 (Hons) LLB degree in Scots Law or an accelerated LLB degree in Scots Law with a previous 2:1 (Hons) degree or above. You will also need a valid Diploma in Professional Legal Practice or be working towards completing it



Application guidance - Tips and Tricks

To stand out, be authentic. Showcase your passion for law and your commitment to excellence. Highlight experiences that demonstrate your problem-solving skills and teamwork. Be confident, and most importantly, be yourself.

Expectations & Benefits

When you join Gilson Gray, you enter a supportive community. Expect mentorship, career growth opportunities, and a fulfilling work-life balance. Our competitive salary, bonuses, and additional perks recognise your dedication and contribution to our firm's success.

The application process was definitely unique, it was not the standard process you get in other firms. One thing that I loved was that Gilson Gray wanted to know more about the my personality and wasn't purely focusing on my academics. They loved that I have a daughter and applied for the traineeship, showing that you can have family commitments and also do great things with your career.

Your Application

The Process

December

Applications open on our social media channels and website

December - January

Applications submitted

Early February

Review and shortlisting

Mid February

Interviews held by zoom or in one of our offices

End of February

Shortlisted candidates are invited to the internships

Early May

Internships begin (in departments for 1 week), including Individual presentations made to the Selection Committee

End of May

Committee make decision on trainees to be appointed

Offers made for the following September start

A note from Glen Gilson, our Chairman & Managing Partner



We feel fortunate to have recruited exceptional talent through our Traineeship programme over the past nine years. It has been a pleasure watching these trainees develop and grow alongside our team of professionals.

For any aspiring trainees, we want to emphasise that our programme is designed to not just improve your technical skills but also to provide a challenging environment where you can discover your abilities and grow as a professional.

We are a multi award winning, leading firm, and one of the fastest growing examples in sector history with a UK wide footprint. We have a team of knowledgeable professionals who are here to mentor and guide you through the process. As a Gilson Gray Trainee, you will be an essential part of our business and contribute to our firm's growth.

We are looking forward to seeing what the 2025 traineeship will bring.









Stay in the know with our application process on Instagram Follow us "@trainwithgilsongray







